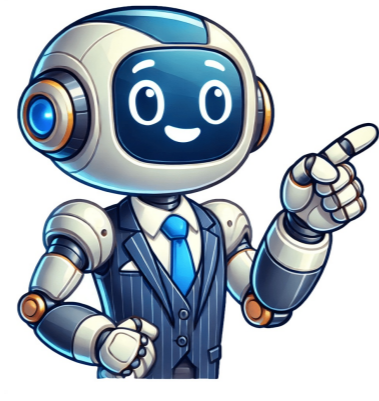


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accept it and eat it. The most important factor here is that you need to boil the rice so that it is soft and mushy. Do not drop more than a few grains of rice and do not do it frequently. Like with all other human foods, this is an occasional solution or a good addition to the diet. Make sure not to have the rice seasoned or cooked in oil or fat. Can Betta Fish Eat Fruit? It all depends on the fruits you have in mind. As a general rule, citrus fruits are a forbidden zone for fish. They are highly acidic which means that not only will they bring terrible health issues to your fish but they will cause a negative impact on your aquarium water. Sweet fruits, however, have actually become a favorite to this species of fish and many hobbyists confirm it. For example, take bananas and mango and there is a high chance that your Betta will love them. If not, try alternative fruits like melon and kiwi. How pretentious could your fish be? In the end, it should like at least one of all sweet fruits. However, out of all human foods that we went through, fruits should be given in extremely small amounts and on rare occasions - not more than once every 2-3 weeks. Can Betta Fish Eat Bread? Here is another subject of endless debate in the fish community - is bread safe for fish? Both sides have supporters and there are many known positives and negatives. Overall, we do not recommend feeding your Bettas with bread. Yes, maybe bread crumbs are suitable for large pond fish but Bettas are extremely small in comparison. Bread expands when wet which is a common reason for fish to bloat and get sick. Plus, bread is usually made using preservatives and numerous additives that are generally unsafe for fish. In the end, bread is a possibility if nothing else is available but definitely do not give it to your Betta a second time.