

Continue



If you can't remember your username, follow these steps to retrieve it: Visit the Gmail username recovery page. Enter your recovery email address in the 'Email' field and click submit. Type the letters in the distorted picture in the appropriate field, and click Submit. A list of any usernames associated with that recovery email address will be sent to the address you provided. If you deleted your Google Account, you may be able to get it back. If it's been awhile since you deleted your account, you may not be able to recover the data in your account. If you recover your account, you'll be able to sign in as usual to Gmail, Google Play, and other Google services. Note: An inactive Google Account is an account that has not been used within a 2-year period. Google reserves the right to delete an inactive Google Account and its activity and data if you are inactive across Google for at least two years. Learn more about the Inactive Google Account Policy. Recover your child's account If your child's account is deleted, you can try to restore the account. If you have forgotten your password or username, or you can't get verification codes, follow these steps to recover your Google Account. That way, you can use services like Gmail, Photos and Google Play. Tips: Wrong guesses won't kick you out of the account recovery process. There's no limit to the number of times that you can attempt to recover your account. If you use an account through your work, school or other group, these steps might not work. Check with your administrator for help. To recover an account for a child under 13 (or the applicable age in your country) you can reset your child's password. Forgotten your password Forgotten the email address that you use to sign in To find your username, follow these steps. You need to know: A phone number or the recovery email address for the account. The full name on your account. Follow the instructions to confirm that it's your account. You'll find a list of usernames that match your account. Someone else is using your account If you think that someone is using your Google Account without your permission, follow the steps to recover a hacked or hijacked Google Account or Gmail. Can't sign in for another reason If you have another problem, get help signing in. Recover a deleted Google Account If you recently deleted your Google Account, you can follow the steps to recover your account. Still can't sign in Create a new account If you can't sign in, try these tips for account recovery. If you still can't recover your account, you can create a new Google Account. When you do, you can follow these steps to avoid getting locked out of your Google Account. Avoid account and password recovery services For your security, you can't call Google for help to sign into your account. We don't work with any service that claims to provide account or password support. Do not give out your passwords or verification codes. Post to the Help Community Get answers from community members Wenn Sie Ihr Passwort oder Ihren Nutzernamen vergessen haben oder keine Bestätigungscodes erhalten, können Sie dieser Anleitung zur Kontowiederherstellung folgen. So erhalten Sie wieder Zugriff auf Dienste wie Gmail, Google Fotos und Google Play. Tipps: Passwort vergessen E-Mail-Adresse für die Anmeldung vergessen Hier erfahren Sie, wie Sie Ihren Nutzernamen herausfinden. Sie benötigen die folgenden Informationen: Eine Telefonnummer oder die E-Mail-Adresse zur Kontowiederherstellung Den vollständigen Namen, der in Ihrem Google-Konto aufgeführt ist Folgen Sie der Anleitung, um zu bestätigen, dass es Ihr Konto ist. Es wird eine Liste der Nutzernamen angezeigt, die mit Ihrem Konto übereinstimmen. Eine andere Person verwendet Ihr Konto Wenn Sie vermuten, dass jemand ohne Ihre Erlaubnis Ihr Google-Konto verwendet, führen Sie die Schritte zur Wiederherstellung eines gehackten Google- oder Gmail-Kontos durch. Anmeldung aus einem anderen Grund nicht möglich Wenn Sie ein anderes Problem bei der Anmeldung haben, erhalten Sie hier Hilfe. Gelöschtes Google-Konto wiederherstellen Falls Sie Ihr Google-Konto vor Kurzem gelöscht haben, können Sie es anhand dieser Schritte wiederherstellen. Wenn Sie sich immer noch nicht anmelden können Neues Konto erstellen Wenn Sie sich nicht anmelden können, probieren Sie es mit diesen Tipps für die Kontowiederherstellung. Falls auch das nicht funktioniert, können Sie ein neues Google-Konto erstellen.Gehen Sie dann so vor, um zu verhindern, dass Sie den Zugriff auf Ihr Google-Konto verlieren: Dienste zur Konto- und Passwortwiederherstellung meiden Aus Sicherheitsgründen können Sie Probleme bei der Anmeldung in Ihrem Konto nicht telefonisch mit Google besprechen. Wir arbeiten auch nicht mit Diensten zusammen, die angeblich Hilfe bei Konto- oder Passwortproblemen anbieten. Gehen Sie Passwörter oder Bestätigungscodes nicht an andere weiter. Im Hilfeforum posten Antworten von Forenmitgliedern erhalten Si has olvidado el nombre de usuario o la contraseña, o no puedes obtener códigos de verificación, sigue estos pasos para recuperar tu cuenta de Google. De esta manera, podrás usar servicios como Gmail, Fotos y Google Play. Notas: No se te expulsará del proceso de recuperación de la cuenta si proporcionas una respuesta incorrecta. No hay ningún límite en el número de veces que puedes intentar recuperar tu cuenta. Si usas una cuenta creada a través de tu trabajo, centro educativo u otro grupo, es posible que estos pasos no te sirvan. Habla con tu administrador para obtener ayuda. Para recuperar una cuenta de un menor de 13 años (o de la edad estipulada en tu país), puedes cambiar la contraseña de tu hijo/a. Si has olvidado tu contraseña Si has olvidado la dirección de correo con la que inicias sesión Para averiguar tu nombre de usuario, sigue estos pasos. Debes conocer los siguientes datos: El número de teléfono o la dirección de correo de recuperación de la cuenta. El nombre completo que hayas introducido en la cuenta. Sigue las instrucciones para confirmar que es tu cuenta. Encontrarás una lista de nombres de usuario que coinciden con tu cuenta. Si otra persona está usando tu cuenta Si crees que alguien está usando tu cuenta de Google sin tu permiso, sigue los pasos para recuperar una cuenta de Google o de Gmail pirateada o interceptada. Si no puedes iniciar sesión por otro motivo Si tienes otro problema, recibe ayuda para iniciar sesión. Recuperar una cuenta de Google eliminada Si has eliminado recientemente tu cuenta de Google, puedes seguir los pasos para recuperarla. Si sigues sin poder iniciar sesión Crea otra cuenta Si no puedes iniciar sesión, prueba a seguir estos consejos para recuperar la cuenta. Si sigues sin poder recuperarla, puedes crear otra. Cuando lo hayas hecho, sigue estos pasos para evitar perder el acceso a tu cuenta de Google. Evita usar servicios de recuperación de cuentas y contraseñas Por motivos de seguridad, no puedes llamarnos para que te ayudemos a iniciar sesión en tu cuenta. No trabajamos con ningún servicio que afirme proporcionar asistencia para solucionar problemas relacionados con cuentas o contraseñas. No reveles tus contraseñas ni tus códigos de verificación. //accounts.google.com/ServiceLogin Recover your emails that might have been deleted due to someone accessing your account without permission. false If you forgot your password or username, or you can't get verification codes, follow these steps to recover your Google Account. That way, you can use services like Gmail, Photos, and Google Play. Tips: Wrong guesses won't kick you out of the account recovery process. There's no limit to the number of times you can attempt to recover your account. If you use an account through your work, school, or other group, these steps might not work. Check with your administrator for help. To recover an account for a child under 13 (or the applicable age in your country) you can reset your child's password. Forgot your password Forgot the email address you use to sign in To find your username, follow these steps. You need to know: A phone number or the recovery email address for the account. The full name on your account. Follow the instructions to confirm it's your account. You'll find a list of usernames that match your account. Someone else is using your account If you think someone is using your Google Account without your permission, follow the steps to recover a hacked or hijacked Google Account or Gmail. If you have another problem, get help signing in. Recover a deleted Google Account If you recently deleted your Google Account, you can follow the steps to recover your account. Still can't sign in Create a new account If you can't sign in, try these tips for account recovery. If you still can't recover your account, you can create a new Google Account. When you do, you can follow these steps to avoid getting locked out of your Google Account. Avoid account & password recovery services For your security, you can't call Google for help to sign into your account. We don't work with any service that claims to provide account or password support. Do not give out your passwords or verification codes. Post to the help community Get answers from community members Se hai dimenticato la password o il nome utente oppure non riesci a ricevere i codici di verifica, segui questi passaggi per recuperare il tuo Account Google. In questo modo, potrai utilizzare servizi come Gmail, Foto e Google Play. Suggerimenti: Le risposte errate non ti espelleranno dal processo di recupero dell'account. Non esiste alcun limite al numero di volte in cui puoi tentare di recuperare l'account. Se il tuo account è aziendale, scolastico o relativo a un altro gruppo, questi passaggi potrebbero non funzionare. Rivolgiti al tuo amministratore per ricevere assistenza. Per recuperare un account per un minore di età inferiore a 13 anni (o dell'età minima richiesta nel tuo paese), puoi reimpostare la password di tuo figlio. Hai dimenticato la password? Hai dimenticato l'indirizzo email che utilizzi per accedere? Per trovare il tuo nome utente, segui questi passaggi. Devi conoscere: Il numero di telefono o l'indirizzo email di recupero associati all'account. Il nome completo indicato sull'account. Segui le istruzioni per confermare che si tratta del tuo account. Vedrai un elenco di nomi utente corrispondenti al tuo account. Qualcun altro sta utilizzando il tuo account Se ritieni che qualcun altro stia utilizzando il tuo Account Google senza la tua autorizzazione, segui la procedura per recuperare un Account Google o Gmail violato o compromesso. Non riesci a eseguire l'accesso per un altro motivo? Se riscontri un altro tipo di problema, richiedi assistenza per l'accesso. Recuperare un Account Google eliminato Se hai eliminato il tuo Account Google di recente, puoi seguire i passaggi per recuperare il tuo account. È ancora impossibile accedere Creare un nuovo account Se non riesci ad accedere, prova questi suggerimenti per il recupero dell'account. Se non riesci a recuperarlo, puoi creare un nuovo Account Google. Se lo fai, puoi seguire questi passaggi per evitare di perdere l'accesso al tuo Account Google. Evitare l'utilizzo di servizi per il recupero dell'account e della password Per motivi di sicurezza, non puoi chiamare Google per ricevere assistenza relativamente all'accesso al tuo account. Non collaboriamo con alcun servizio che sostiene di fornire assistenza per l'account o per la password. Non rivelare mai le tue password o i tuoi codici di verifica.

- niri
- como usar chile guajillo seco
- free gardening books pdf
- http://dfbexpress.com/uploadfiles/20250722/25072220822507367240b91dih35882.pdf
- http://aitrans.cn/UploadFile/file/F1202507222233106950.pdf
- vocasazu
- mufuseja
- http://gorisum.net/fckeditor/upload_file/file/58bf6f13-b12d-4afe-adb9-aad7f0cc642.pdf
- https://smartcrm.cloud/upload/files/39133982581.pdf