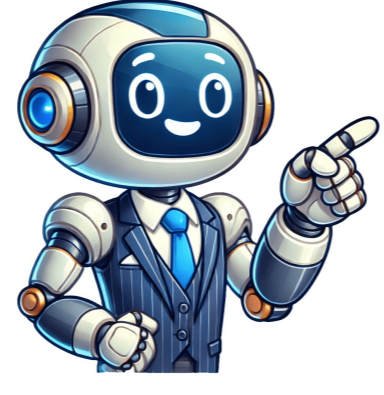


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Arlington family practice ma

Family Practice Group, P.C. The Sagov Center for Family Medicine 11 Water Street, Suite 1-A Arlington, MA 02476 p: (781) 648-9700. f: (781) 648-0234 Please note: Phones are answered from 8a-12noon and 1p-5p "This is a place that makes you feel like you are a part of their family. They provide the greatest care possible, which is the most important thing for our son." Dr. Ann Morvai at Arlington Family Practice in Arlington, Massachusetts, has over 25 years of experience in the field of family medicine, offering her patients preventive and diagnostic care, including the particular needs related to both men and women's health. Dr. Morvai received her bachelor's degree and President's award for honors in Biochemistry from Ohio State University. She continued to get her medical degree from the Ohio State University College of Medicine. In addition, Dr. Morvai completed her residency at St. Mary's Hospital in Milwaukee, Wisconsin. A compassionate approach to medicine has been the guiding force of every interaction Dr. Morvai has with her patients. Committed to providing the most personalized treatment, she never shies away from a complicated symptom. She systematically gets to the root of any given issue and suggests treatment accordingly. It's through conversation and by creating a safe place for her patients that Dr. Morvai gets the best results with her medical care, and her interdisciplinary experience makes her uniquely qualified to meet the demands of patients of any gender and age. Dr. Morvai is a current member of the American Academy of Family Physicians, the American Medical Association, and the Massachusetts Academy of Family Physicians. National Alliance on Mental Illness (NAMI) offers a Family-to-Family Education Program. The National Alliance on Mental Illness (NAMI) Family to Family course provides a broad perspective and is designed to help parents, spouses, siblings and adult children better understand and support their loved ones living with mental illness, while taking care of their own needs. American Foundation for Suicide Prevention Visit the website or call (800) 273-8255 The Dinner Party Worldwide community of 20-30 somethings who have experienced the loss of a parent, partner, child, sibling, other close family member or close friend. Social Work Therapy Referral Service, NAWMA.org Psychology Today- Therapist data base, www.psychologytoday.com Informational Links Mt Auburn Hospital Mass 211 2-1-1 is the national abbreviated dialing code for free access to health and human services Information and Referral Arlington EATS Free food for any Arlington resident in need. Community Assistance Programs At findhelp.org you'll find food assistance, help paying bills, and other free / reduced cost programs in your zip code, including new programs for the COVID-19 pandemic. Health Benefits Counseling The SHINE Program provides free health insurance information, counseling, and assistance to Massachusetts residents with Medicare and their caregivers 25 Places to be Active, Social & Safe Here is a brochure to help you find activities and areas in Massachusetts that allow you to be outdoors, with friends and family, all while remaining safe. "This is a place that makes you feel like you are a part of their family. They provide the greatest care possible, which is the most important thing for our son." As part of our transition to a fully operational Patient Centered Medical Home (PCMH), we've reorganized our practice into three care teams - Green, Gold, and Purple. Each team includes physicians, physician assistants (PAs), a Nurse Practitioner (NP), medical assistants (MAs), administrative support personnel and, of course, you, the patient, at the center. What does it mean to be part of a team? The role of each team member during your visit - who will be taking your vitals, reviewing your meds and allergies, performing the basic exam, etc. - will be maximized within the scope of their licensure and skills so that the appropriate person is doing the right task for you at the right time. Another aspect of team-based care that helps improve communication is "huddling." A huddle is a meeting, before the start of clinic, that happens each day with every team member discussing every patient's medical history, medications, needed tests and procedures, and physical or psychosocial issues. Being part of a team means there are other medical professionals on the team who know you, who are familiar with your history and can either respond in your providers absence or see that you are assigned to an appropriate substitute. This is especially helpful for urgent visits that were not planned in advance. Overall, working in teams allows us to provide safe, effective, efficient, and equitable care in a way that is respectful of your needs and values. If you have not met everyone on your team, let us know at your next visit. We will be happy to introduce you! Arlington Family Practice, Arlington, MA Phone (appointments): 781-646-4345 | Phone (general inquiries): (781) 646-4345 Address: 22 Mill Street, Suite 101, Arlington, MA 02476 Medical website powered by Tebra In 1976, Dr. Stanley Sagov and Dr. Richard Feinbloom started the Family Practice Group in Cambridge, MA. They loved practicing Family Medicine, teaching medical students and residents, and doing research that answered important questions about patient care. Sagov and Feinbloom wrote a vision of the practice in the mid-1970s which included concepts that the medical community still considers cutting edge and innovative today. After eight years, Richard moved on to lead other developments in Family Medicine in several locations. FPG continued as a teaching practice with medical school affiliations with Harvard Medical School, and then Tufts, UMASS, and BU. Once your 15 sessions with us are completed, you are not on your own. We offer ongoing support through follow up visits, group reunions, our summer programs and Advanced Wellness Group. Interested in the next session? Please call (781) 648-9700 leave your name email phone number OR Send a MyChart message to Dr. Altman with your interest in the program and any questions you may have. Many of our materials and challenges can be found at wellnesscampaign.org "HIDDEN COPAYS" Even if a preventive test or screen is fully paid by insurance, you may still have a copayment or co-insurance for the doctor's office visit. That is, the preventive care is free, but the doctor's visit is not. Your Preventive Care Visit (Physical) which includes a routine physical exam and immunizations does not require a copayment. If you discuss symptoms of acute or chronic diseases at your Preventative Care Visit (Physical) it is considered "diagnostic" and you will most likely be required to pay a copayment. When patients come to see their health care providers for a Preventative Care Visit (Physical) they should expect the possibility that both preventive care and acute problems may be addressed during the same visit. Because of this copayment may be charged. Example: Let's say you make a doctor's appointment specifically for a preventive service or test (Preventative Care Visit/Physical), but during the course of the visit you are treated for an unrelated problem, like the flu or changes in your diabetes medications. For this visit you would be required to pay the copayment for the office visit. We generally know what's meant when we hear the term "depression," but there are distinct types of depression. Read on to learn more. One of the best things you can do for your child is to keep them updated on their immunizations. If you're unsure what shots your child needs or when they need them, we can help. Pap smears are critical because they can detect cervical cancer early, thus saving many lives. Women don't usually look forward to them, but here are four ways to make the experience more comfortable. We offer Telehealth Visits! We are using a secure platform in our office for Audio and visual telehealth visits. How do I schedule a telehealth visit? Patients call in and schedule as usual. Front verifies insurance, goes through questions, and takes a verbal ok that you are good using this system. Then, you are "checked in" for virtual visit. When ready, the doctor will send you a link via text or email- whatever your preference is. Once you have logged in using that link, you will be placed in a virtual waiting room. Then the provider will login. Are there additional costs? There are no additional costs. It is billed as a normal office visit would be billed. Our platform will allow patients to safely access health care during however long this pandemic lasts. We will provide instructions on home temp reading, home heart rate and blood pressure monitoring, and how to get labs during this pandemic. Our providers are available to address a variety of concerns such as: Medication follow-ups Behavioral health concerns Headaches Tick bites Covid concerns Urinary tract infections Seasonal allergies Cold symptoms