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Non-verbal communication offers a forum for individuals of different linguistic skills to interact with each other. Without using words, individuals can transmit information through observation, body gestures and facial expressions. Non-verbal activities can involve individuals prone to kinesthetic or dramatic movements, as well as developing interpersonal skills between individuals who do not interact verbally. The best thing about all non-verbal activities are fun, easy and require few resources to be implemented. Mix a & ldquo; Follow the Leader & rdquo; Game By frequently modifying leaders, suggests the CreativeKidsathome.com website. Choose the first leader, so let the actions that the rest of the group must follow. However, you can designate the next leader, with visual contact or gesture. Leaders' changes democratize the game and also encourage players to observe a series of different leadership styles. Within a group of people, trapping your limbs, so try to reveal, suggests Winona State University. If the size of the group guarantees, divide the group into two smaller teams. Each group sits in a tight circle, so it manages to extend the arms and grab the socket of a person not directly sitting next to them. You can become tangled to any speed that feels appropriate, but waterfall carefully, to prevent injury. Refrain from speaking during the whole process, encouraging players to use the gesture. Dramatizes a text using only your hands, the gestures of the face and body, recommends the TeachingingEnglish.org.uk website. For dialogues or conversations that require more characters, let the students collaborate together to try to embody and transmit the text. You should encourage observers to guess the content and context before using words to discuss the challenges of the group addressed and their specific intent. Divide the group to team and challenge them to collaborate on drawings based on an idea or a specific theme, recommends the Businessballs.com website. Keep a limit of five seconds and cue each person to contribute to the drawing, then pass it. Make sure all individuals contribute to the image, then create a second image, changing the order of contributors. Alternatively, you need to request that the teams are exchanged unfinished images or exchanging one-way artists through the process. What people don't say they can be just as important as they say. Words are just a form of communication. Facial expressions, body language or clothing style are other critical components in communication, called non-verbal communication. This type of "language" goes beyond the words. According to Gareth R. Jones and Jennifer M. George's Book, contemporary management, non-verbal communication is "the encoding of messages by means of facial expressions, body language and dress styles". According to Walter Mischel, Yuichi Shoda, and the book of Ronald E. Smith, introduction to personality, people can watch the faces of others and of course getting information on "happiness, surprise, fear, anger, disgust / contempt, interest and sadness" . It does not take special training to recognize the basic forms of non-verbal communication. However, it may require a broader training to become self-sufficient as you are depicting your non-verbal communication to others. A congruence between verbal and non-verbal communication can ensure that a common understanding has been established, as a genuine smile that accompanies a positive agreement with another person. However, people can also deactivate non-verbal communication that contradicts their verbal communication. People To have less control over their non-verbal communication. For example, a positive agreement attempt can reveal the underlying discontent through a grimace. The language of the body and facial expression can reveal the emotions below, such as love and hatred. For example, according to a British Broadcasting Corporation report, cross your arms and legs while the position can be interpreted as a defensive gesture that implies that a person wants to be being being alone. However, when sitting, this can represent empathy or sympathy. Feet can also report attraction when your feet point towards a romantic perspective. The eyes were commonly established to be "the window to the soul". When someone is attracted to another person, he maintains eye contact longer and dilate the pupils. The disgust is universally expressed by rush noses and raising the upper lip. When people say that someone is making a "fashion statement", this is true in terms of non-verbal communication. Examples of dress styles are casual, formal, conservative and fashionable. The style of the dress as a form of non-verbal communication is evident in the best business managers. According to Jones and George, for example, "The Top Managers in General Motors wear pants and sports jackets rather than clothes to communicate or report that the old GM bureaucracy has been dismantled and that the society is decentralized and more informal than it was state." There is a tendency to grow empowerment of the workforce, so the managers dress informally to communicate that employees are a team and not part of a hierarchy. Regardless of the sector where you are, communication is fundamental at work. Without proper communication, your company will not reach its goals. Within a standard society, the communication can take the interior, external, formal and informal form, upwards and facing down, lateral and diagonal, small group and non-verbal. All these types of communication come into play so that the company transmitted all the necessary information. Internal communication is any communication that occurs within the workplace. This type of communication is obtained through any means (eg e-mail, telephone, fax or face to face). External communication is a communication between a member of your company and someone outside your company. When you talk to a customer, send an e-mail to a potential customer or call a supplier on an order, you are doing external communication. The types of communication in the workplace include a formal or informal communication. Formal communication is any communication that promotes the goal of the workplace. Informal communication involves the discussion of topics that do not concern work. Informal communication is harmless if it is appropriate and speak only of non-work topics on your lunch break. Informal communication can cause serious problems if it is inappropriate (for example, voices, gossip or raw jokes). Ascending communication is the question, the requests and also the complaints that employees direct towards their superiors. The communication down is the guide and management of the leadership of employees. If a manager explains an assignment to a subordinate, which is a downward communication. If an employee asks her boss questions related to this job, this is ascending communication, based on communication skills for professionals. The lateral (or horizontal) communication is the messages exchanged between employees on the same hierarchical level. When two members of the panel hold a discussion or when two secretaries hold a discussion, this is a lateral communication. Diagonal (or cross-wise) communication occurs when messages are exchanged between employees of various different hierarchical levels. If a vice-president holds a discussion with a human resource manager, this is diagonal communication. Small group communication occurs when a meeting is held. This can be a staff meeting, a meeting of the board of directors, a sales meeting or any other type of meeting in which a group of employees And exchanges messages. Usually, one or two individuals conduct the meeting and begin the arguments for discussion. Eye contact, facial expression and other forms Non-verbal communications are signs that your boss or another employee is satisfied (or disappointed) with your work. If your collaborator rolls your eyes to you, you will probably feel like he was unhappy with you. On the other hand, if your boss smiles at you after your presentation, presentation, Feel sure you did a good job. Sometimes, a smile is worth a thousand words, according to the communication in the workplace. Communication is something that we do in a thoughtful way, like breathing. Let's talk about our spouses, children and friends without giving much thought about how we're doing it. It might seem easy, but effectively communicating effectively takes a lot of finesse. Choose the right words, listening to our minds with our minds instead of our ears, and get our message in the ability that we all need to work at home and in social settings, intermediaries can lead to topics. In the workplace, the repercussions can be much more serious. Poor productivity, unmotivated employees & €

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